



LA DINNER MEETING

MARCH 2017

Agenda:

5:30pm-6:30pm
Registration & Networking

6:30pm-7:00pm
Dinner

7:00pm
Panel Discussion

Cost:

Enroll on or before 2/22/17 for
Early-Bird Discount

Early Bird / Regular

Individual Tickets

Members: \$45 / \$55
Non-Member: \$55 / \$65
Students: \$25 / \$25

Reserve a Table of 8:

Member: \$385
Non-Members: \$455

Exhibit/Sponsorship Opportunity

Single Event: \$425
Package of 4 Events: \$1500
(limited to 10 sponsors total)

Includes:

- Exhibit Table
- 2 Exhibitor Tickets (incl. Dinner)
- 2 Dinner Tickets

[Click Here to Exhibit/Sponsor](#)

For more Information,
[visit seaosc.org](http://visit.seaosc.org)

For help with registration,
contact the SEAOSC Office at
562-908-6131. We are here to
help!

Wednesday, March 1, 2017

Networking, Dinner & Panel Discussion

Luminarias Restaurant

3500 Ramona Blvd. Monterey Park CA 91754

[Register Here](#)

PANEL DISCUSSION:

WORK/LIFE BALANCE AS STRUCTURAL ENGINEERS

Do you or your employees have happy healthy work-life balance? Work-life balance is a concept including proper prioritizing between "work" (career and ambition) and "lifestyle" (health, pleasure, leisure, family and spiritual development/meditation). Many firms are recovering from the recession and are challenged with tight deadlines, limited budgets and limited availability of qualified engineers. All of which can contribute to a stressful work environment and the need to be able to juggle the demands of a career and a personal life. The balance between work and life can be very different for people depending on various needs and desires as well as where one is in their career.

The March dinner meeting, which is curated by SEAOSC Women in Structural Engineering group, will provide some insight to this very important topic. The dinner meeting will consist of a panel discussion with six industry professionals from various firms in the Southern California who are at different stages of their career. The panelists have been specifically selected to provide a wide range of perspectives and wisdom on work/life balance in this growing and demanding work environment.

PANELISTS

Marcia Brown, S.E., Civil, Structural, Architectural Dept. Manager, FLUOR

Jan Douglas, S.E., Associate, KPFF

Kevin O'Connell, S.E., Associate Principal, Simpson Gumpertz & Heger

Jacob Rodriguez, S.E., Vice President, Nabih Youssef & Associates

Ryan Smith, S.E., Western Regional Business Manager, SidePlate

Noya Wang, P.E., Staff II, Simpson Gumpertz & Heger

MODERATOR

Vivian Peña, S.E., Senior Staff I, Simpson Gumpertz & Heger